



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WELCOME TO DAY CAMP

2024 Summer Day Camp
YMCA CAMP ORKILA



DAY CAMP ESSENTIALS

PLEASE REMEMBER TO BRING THESE ESSENTIALS TO CAMP EVERY DAY:

- Backpack
- A change of underwear and socks
- Healthy Snacks (nut-free*)
- Refillable water bottle
- Hat
- Sunscreen
- Swim suit and towel (labeled with name)
- Long pants and closed-toe shoes on days we go to the climbing wall and giant swing
- Shoes that can get wet (flip flops or sandals) and a pair of running-around-camp shoes (closed-toe)
- Allergy medications, antibiotics and other medical provisions need to be turned in to staff at check-in, be unexpired, and in the original packaging
- Quiet time activities like a book, journal or playing cards

DAY CAMP BASICS

CHECK IN

Day Camp check-in is from 8:45am-9:15am at Foxfire Field at YMCA Camp Orkila. Sign in and join your group for an action-filled, theme-based day of camp fun. Day Camp staff will not be at the check-in table later than 9:15am. If you are late, call us at 360 376 2678 to make arrangements to join the group.

DAY CAMP PICK UP

Pick up is at 4:45pm daily. Campers will be signed out only to individuals whose names are listed on the Pick-Up Authorization page of their UltraCamp Account.

LATE ARRIVALS & EARLY DEPARTURES

If a camper is late to arrival their adult must walk them down to the main office, and wait until the Unit Director or Day Camp Director meets them to take the camper to their unit.

If a camper needs to be picked up early their parent or guardian must let the Unit Director or Day Camp Director know **at least one day in advance**. On the day of pick-up the parent

or guardian will meet their camper at the main office between 11:30am and 12:30pm.

MEALS*

Camp serves lunch and afternoon snack to Day Campers. Meals from Camp are nutritious and well-balanced and can we accommodate most dietary needs and restrictions.

*Please use the Camp Care Info Packet to let us know about any dietary needs your camper may have.

NUT POLICY*

Due to the high occurrence of nut allergies, camp is a NUT-FREE zone.

Please do not send any food containing nuts, nut oil or that have been processed in a facility with nuts to camp with your child. Thank you for your cooperation!

LICE POLICY

When campers arrive at camp on the first day of their session they are screened for head lice. A camper found with lice or nits needs to be treated before being able to participate in camp activities. Parents/guardians will be alerted as soon as possible, and arrangements must be made for the camper to be picked up immediately and treated. If the camper wishes to return to camp after treatment, they must be checked again for lice.



PARENT/GUARDIAN COMMUNICATION

Staff are trained to handle day-to-day situations that might arise during your camper's visit to Camp Orkila in a safe and caring manner. Staff will attempt to contact the family starting with the primary contact, then the emergency contact people, in that order. Instances when you might expect to hear from camp staff for consultations or to arrange to pick up your camper may include:

- Medical care outside the ordinary, including bee stings, fractures and sprains
- Emergencies and evacuations
- Illness, including vomiting or respiratory symptoms coupled with a fever above 100 degrees

- Behavioral issues, including bullying or verbal or physical aggression
- Nits or head lice
- Refusal to follow camp rules, including Covid-19 health and safety procedures



A TYPICAL DAY AT DAY CAMP**

MORNING

**WELCOME &
INTRODUCTIONS**

LUNCH

**SIESTA, FIELD GAMES
OR SWIM LESSONS**

AFTERNOON

**OPEN REC /
AFTERNOON ACTIVITY**

2 MORNING ACTIVITIES

**The above schedule is just an example. Your camper will experience all of the things listed below and MORE during their week at camp. Activity schedules will vary based on day and theme of the week.

DAY CAMP ACTIVITIES MAY INCLUDE:

Life in the Forest, Garden, Pond Exploration, Story Time, Arts & Crafts, Giant Swing, Beachwalks, Sprinklers, Get Wet Get Dirty, Hiking, Archery, Gaga Ball, Wreckage, Scavenger Hunt, Climbing Tower, Zip line (only for older grades), High Ropes, and MORE!

THE YMCA OF GREATER SEATTLE'S MISSION STATEMENT

Building a community where all people, especially the young, are encouraged to develop their fullest potential in spirit, mind and body.

EQUITY STATEMENT

The Y actively promotes a culture free from bias and injustice. We are dedicated to removing institutional and systemic barriers that result in oppression and racism. We will be accountable to marginalized communities for creating equitable and sustainable environments where social justice is woven into every facet of our programs, and by caring for our communities in a culturally versatile and respectful manner.

DAY CAMP THEME WEEKS

*Note: Week 6 is a partial week, and runs Wednesday-Friday

**Note: Weeks 3, 5 and 7 offer an optional overnight camp-out on Thursday for campers grades 3rd-6th

Week 1: Around the World 6/24-6/28

Week 2: Bugs & Slugs 7/1-7/5

Week 3: Secrets of the Sea** 7/8-7/12

Week 4: Myths & Legends 7/15-7/19

Week 5: Pirates of the San Juan's** 7/22-7/26

Week 6: Dinosaur Discovery (Wed-Fri)* 7/31-8/2

Week 7: Interstellar Adventure** 8/5-8/9



SCHEDULES

WEEKLY ACTIVITY SCHEDULES

Shortly before the beginning of the session, you'll receive a schedule for the week. You'll know what to bring, what you'll be doing and just how much fun you'll have. Expect theme-based days full of activity and camp fun!

CAMPER OVERNIGHT**

Campers who sign up for Week 3, 5, and/or 7, and who are grade 3 and up will have the option for an overnight camp-out on the Thursday of their session. Campers will spend the night camping under the stars with Day Camp staff. They'll attend a campfire, play games and sing. Parents/guardians can have the night off. Campouts will be held in the Enchanted Forest on camp property. Pick up is at 9am on Friday morning.



RESOURCES

YMCA CAMP RESOURCES

For information on other great YMCA Camp Orkila programs and events, take a look at our website: camporkila.org, or give us a call at the Camping & Outdoor Leadership office in Seattle.

Camp Orkila Office: 360 376 2678

Camping & Outdoor Leadership Office:
206 382 5009

For more information on Day Camp or to register, contact the Camp Orkila Office.

Everyone is welcome. The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility. **Financial assistance is available.**